

# LEADERSHIP COACHING

Transforming individuals to be the best leaders possible

## FEELING STRETCHED?

Challenges can leave you feeling vulnerable, anxious, or stressed. Frustrations mount when you:

- Lack professional development
- Manage change
- Shift roles

## PERSONALIZED COACHING FOR RISING LEADERS IN:

- Medical Group Executives
- Physician Leaders
- Practice Administrators/Managers
- Health System Executives

## BUILD YOUR SKILLS. GROW YOUR MINDSET.

Thrive with one-to-one leadership coaching.

Virtual / In-person sessions to help you be at your best and achieve your goals.

Package options range from 6 – 15 sessions.

## BEGIN YOUR TRANSFORMATION TODAY

Schedule your introductory Coaching Session with Allison at [amccarthy@barlowmccarthy.com](mailto:amccarthy@barlowmccarthy.com)



## EXPERTISE IN YOUR CORNER



*As noted by Marshall Goldsmith, "what got you here won't get you there."*



Allison McCarthy coaches leading physicians, practice administrators, and physician relations/recruitment directors using the best of her 30-year career.

She uses active listening and powerful questions along with the support and space needed for honesty and transparency that encourages self-awareness. This is where strategies for transformation happen.